

**2008 ACADEMIC PLAN FOR THE
ATHLETIC TRAINING EDUCATION PROGRAM
CONCORDIA UNIVERSITY WISCONSIN**

FALL

Year One

- *LA 105 Higher Ed.: A New Experience (3)
- * BIO 275 Principles of Anat. & Phys. (4)
- ENG 104 Intro. to Writing (3)
- REL 100 The Bible as Literature (3)
- *HHP 120 Weight Training (1)
- *HHP 171 Intro. to Exercise Science (1)
- *HHP 100 Intro. to Lifetime Fitness (1)

Total 16

Year Two

- *HHP 303/304 Therapeutic Modalities (3)
- *HHP 372/374 Rec. & Eval. of Ath. Inj. I (4)
- *HHP 289 A. T. Seminar (1)
- *HHP 371 Exercise Physiology (3)
- *HHP 291 A.T. Practicum I (3)
- *HHP 348 Palp. Anatomy of the Human Body (2)
- *HHP 330 Manual Muscle Testing (2)

Total 18

Year Three

- *HHP 408 Pharmacology & Ergogenic Aids (3)
- PSY 101 General Psychology (3)
- *HHP 373 Motor Development (3)
- *HHP 391 A.T. Practicum III (3)
- *HHP 289 A. T. Seminar (1)
- *HHP 265 Healthy Lifestyles (3)
- *HHP 403 Advanced Injury Management (2)

Total 18

Year Four

- Creative Arts Elective (3)
- *HHP 493 Senior Seminar (3)
- *HHP 491 A.T. Practicum V (4)
- *HHP 289 A.T. Seminar (1)
- *MATH 205 Statistics I (3)
- Language Elective (3)

Total 17

SPRING

Year One

- *BIO 276 Principles of Anat. & Phys. (4)
- REL 110 Intro. to Christian Theology (3)
- HIST 103 or HIST 105 (3)
- *HHP 130 Advanced Weight Training (1)
- *HHP 272/273 Intro to Athletic Training (3)
- *HHP 205 First Aid & Emer. Proc. (3)

Total 17

Year Two

- COMM 105 or 301 (3)
- *HHP 376/378 Rec. & Eval. of Ath. Inj. II (3)
- *HHP 375 Biomechanics (3)
- *HHP 301/302 Rehab. Tech. of Ath. Inj. (3)
- *HHP 292 A.T. Practicum II (3)
- *HHP 289 A. T. Seminar (1)

Total 16

Year Three

- Culture elective (3)
- *HHP 312 Admin & Org of A.T. (3)
- *BIO 285 Pathophysiology (3)
- *HHP 342 Nutrition (3)
- *HHP 392 A.T. Practicum IV (3)
- *HHP 289 A. T. Seminar (1)

Total 16

Year Four

- *HHP 280 Psychology of Sport (3)
- ENG 103 Civil & Worldviews: Literature (3)
- *HHP 492 A.T. Practicum VI (4)
- *HHP 289 A.T. Seminar (1)
- Theology Elective (3)
- Citizenship Elective (3)

Total 17

*Mandatory course

*BIO 280 is recommended for PRE-PT students

This is a recommended Academic Plan for the Athletic Training Education Program. Please seek the advice and approval of your advisor. Note that "core" courses can be taken in any semester. Core courses may be taken during Winterim at a reduced cost.