Categories of Research That May Be Reviewed by the Institutional Review Board (IRB) through an Expedited Review Procedure

Special Category: Initial review of a project approved by another institution’s IRB

Investigators submitting projects for CUW IRB approval that have been approved at another institution do not need to complete the Protocol Submission Document. Investigators must submit the letter of approval from the chair of the IRB from the outside institution along with the protocol that was approved by the other institution.

Other Expedited Research Categories:

1. Clinical studies of drugs and medical devices only when condition (a) or (b) is met.
   a. (a) Research on drugs for which an investigational new drug application (21 CFR Part 312) is not required. (Note: Research on marketed drugs that significantly increases the risks or decreases the acceptability of the risks associated with the use of the product is not eligible for expedited review.)
   b. Research on medical devices for which (i) an investigational device exemption application (21 CFR Part 812) is not required; or (ii) the medical device is cleared/approved for marketing and the medical device is being used in accordance with its cleared/approved labeling.

2. Collection of blood samples by finger stick, heel stick, ear stick, or venipuncture as follows:
   a. (a) from healthy, nonpregnant adults who weigh at least 110 pounds. For these subjects, the amounts drawn may not exceed 550 ml in an 8 week period and collection may not occur more frequently than 2 times per week; or
   b. from other adults and children, considering the age, weight, and health of the subjects, the collection procedure, the amount of blood to be collected, and the frequency with which it will be collected. For these subjects, the amount drawn may not exceed the lesser of 50 ml or 3 ml per kg in an 8 week period and collection may not occur more frequently than 2 times per week.

3. Prospective collection of biological specimens for research purposes by noninvasive means.
   Examples: (a) hair and nail clippings in a nondisfiguring manner; (b) deciduous teeth at time of exfoliation or if routine patient care indicates a need for extraction; (c) permanent teeth if routine patient care indicates a need for extraction; (d) excreta and external secretions (including sweat); (e) uncanuluated saliva collected either in an unstimulated fashion or stimulated by chewing gumbase or wax or by applying a dilute citric solution to the tongue; (f) placenta removed at delivery; (g) amniotic fluid obtained at the time of rupture of the membrane prior to or during labor; (h) supra- and subgingival dental plaque and calculus, provided the collection procedure is not more invasive than routine prophylactic scaling of the teeth and the process is accomplished in accordance with accepted prophylactic techniques; (i) mucosal and skin cells collected by buccal scraping or swab, skin swab, or mouth washings; (j) sputum collected after saline mist nebulization.

4. Collection of data through noninvasive procedures (not involving general anesthesia or sedation) routinely employed in clinical practice, excluding procedures involving x-rays or microwaves. Where medical devices are employed, they must be cleared/approved for marketing. (Studies intended to
evaluate the safety and effectiveness of the medical device are not generally eligible for expedited 
review, including studies of cleared medical devices for new indications.)  

Examples: (a) physical sensors that are applied either to the surface of the body or at a distance and do not 
involv input of significant amounts of energy into the subject or an invasion of the subject=s privacy; (b) 
weighing or testing sensory acuity; (c) magnetic resonance imaging; (d) electrocardiography, 
electroencephalography, thermography, detection of naturally occurring radioactivity, electoretinography, 
ultrasound, diagnostic infrared imaging, doppler blood flow, and echocardiography; (e) moderate exercise, 
muscular strength testing, body composition assessment, and flexibility testing where appropriate given the age, 
weight, and health of the individual.

5. Research involving materials (data, documents, records, or specimens) that have been collected, or will 
be collected solely for nonresearch purposes (such as medical treatment or diagnosis). (NOTE: Some 
research in this category may be exempt from the HHS regulations for the protection of human 
subjects. 45 CFR 46.101(b)(4). This listing refers only to research that is not exempt.)

6. Collection of data from voice, video, digital, or image recordings made for research purposes.

7. Research on individual or group characteristics or behavior (including, but not limited to, research on 
perception, cognition, motivation, identity, language, communication, cultural beliefs or practices, and 
social behavior) or research employing survey, interview, oral history, focus group, program 
evaluation, human factors evaluation, or quality assurance methodologies. (NOTE: Some research in 
this category may be exempt from the HHS regulations for the protection of human subjects. 45 CFR 
46.101(b)(2) and (b)(3). This listing refers only to research that is not exempt.)

8. Continuing review of research previously approved by the convened IRB as follows:
   a. where (i) the research is permanently closed to the enrollment of new subjects; (ii) all subjects have completed 
      all research-related interventions; and (iii) the research remains active only for long-term follow-up of subjects; or 
   b. where no subjects have been enrolled and no additional risks have been identified; or 
   c. where the remaining research activities are limited to data analysis.

9. Continuing review of research, not conducted under an investigational new drug application or 
investigational device exemption where categories two (2) through eight (8) do not apply but the IRB 
has determined and documented at a convened meeting that the research involves no greater than 
minimal risk and no additional risks have been identified.

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1 An expedited review procedure consists of a review of research involving human subjects by the IRB chairperson 
or by one or more experienced reviewers designated by the chairperson from among members of the IRB in 
accordance with the requirements set forth in 45 CFR 46.110.

2 Children are defined in the HHS regulations as "persons who have not attained the legal age for consent to 
treatments or procedures involved in the research, under the applicable law of the jurisdiction in which the 
research will be conducted." 45 CFR 46.402(a).