

# Dual Degree BACHELOR of SCIENCE in SPORTS MEDICINE MASTER of SCIENCE in ATHLETIC TRAINING

For Students Entering the MSAT Program Summer 2024 & Beyond

CORE CURRICULUM: 45 credits
ADDITIONAL PREREQUISITE COURSES: 20 credits
MAJOR COURSES: 69 credits
ELECTIVES: 16 credits
TOTAL: 150 credits

### **CUW CORE CURRICULUM** 45 credits

### **Traditional Common Core Experience | 18 credits** (must be taken at CUW, cannot be transferred in)

The Bible	REL 1000	3 credits						
Christian Faith	REL 1100	3 credits						
Christian Citizen	CCE 1010	3 credits						
Western Culture & Worldview	CCE 1020	3 credits						
Western Thought & Worldview	CCE 1030	3 credits						
Science & Humanity	CCE 1040	3 credits						
Liberal Arts Dimensions   27 credits								
Faith & Life (3 credits)								
⇒ Core Elective	see Core Options	3 credits						
Natural World (7 credits)								
⇒ Science Core with a Lab	<sup>P</sup> BIO 1801: Human Anat & Phys I	4 credits						
⇒ Mathematics or Computer Science	MATH 2050: Statistics I, preferred	3 credits						
Society & Culture (3 credits)								
⇒ Core Elective	see Core Options	3 credits						
Human Beings & Being Human (5 credits)								
⇒ Stewardship of the Body	HHP 1100	1 credit						
⇒ HHP Activity	HHP 1520: Weight Training, preferred	1 credit						
⇒ General Psychology	<sup>P</sup> PSY 1010	3 credits						
Human Creativity & Expression (3 credits)								
⇒ Core Elective	see Core Options	3 credits						
Communication & Language (6 credits)								
⇒ Introduction to Writing	ENG 1040	3 credits						
⇒ Core Elective	see Core Options	3 credits						
REQUIRED ELEMENTS								
$\Rightarrow$ One course must have a "culture" designation, noted with an	(*)	<i>(*):</i>						
$\Rightarrow$ Two courses must have a "writing intensive" designation, not	red with a (w)	(w):						
<ul> <li>One must be in the core</li> </ul>		(w):						
<ul> <li>Some CCE 110, REL 100, &amp; REL 110 are offered as writ</li> </ul>	<ul> <li>Some CCE 110, REL 100, &amp; REL 110 are offered as writing intensive</li> </ul>							

ADDITIONAL PREREQUISITE COURSES   20 credi	ts		
Human Anatomy & Physiology II	BIO 1802	4 credits	
Exercise Physiology	EXPH 3470 (fall only)	4 credits	
Nutrition for Wellness & Performance	HHP 3342 (spring only)	3 credits	
Biomechanics	HHP 3375 (spring only)	3 credits	
Seminar in Athletic Training I	MSAT 1575 (fall only)	1 credit	
Seminar in Athletic Training II	MSAT 2575 (fall only)	1 credit	
Intro to Life & Physical Sciences	SCI 1100	4 credits	
OR postsecondary level coursework in Biology, Chemistry, a	nd Physics		
ATHLETIC TRAINING MAJOR COURSES   69 cred	its		_
Patient Centered Care	MSAT 5500	3 credits	
Psychosocial Aspects of Athletic Training	MSAT 5510	3 credits	
Athletic Training Foundations	MSAT 5520	3 credits	
Athletic Training Clinical I	MSAT 5530	1 credit	
Professional Development	MSAT 5540	1 credit	
Recognition & Evaluation of Orthopedic Injuries I	MSAT 5550	4 credits	
Emergency Care in Athletic Training	MSAT 5560	3 credits	
Athletic Training Clinical II	MSAT 5570	2 credits	
Administration & Management in Athletic Training	MSAT 5600	4 credits	
Rehabilitation Techniques of Orthopedic Injuries I	MSAT 5610	3 credits	
Recognition & Evaluation of Orthopedic Injuries II	MSAT 5620	4 credits	
Athletic Training Clinical III	MSAT 5630	3 credits	
Therapeutic Modalities	MSAT 5640	3 credits	
Rehabilitation Techniques of Orthopedic Injuries II	MSAT 6510	3 credits	
Recognition & Evaluation of Orthopedic Injuries III	MSAT 6520	4 credits	
Athletic Training Clinical IV	MSAT 6530	3 credits	
General Medical Conditions	MSAT 6540	4 credits	
Seminar in Athletic Training III	MSAT 6575	3 credits	
Research Methods	MSAT 6600	3 credits	
Case Studies in Athletic Training	MSAT 6610	3 credits	
Athletic Training Clinical V	MSAT 6630	3 credits	
Immersion Experience in Athletic Training	MSAT 7800	6 credits	
ELECTIVES   16 credits			
Elective:		credits	
	<del></del>		

TOTAL CREDITS



## **Dual Degree BACHELOR of SCIENCE in SPORTS MEDICINE MASTER of SCIENCE in ATHLETIC TRAINING**



ATHLETIC TRAINING

For Students Entering the MSAT Program Summer 2024 & Beyond

ATHLETIC TRAINING

Suggested Pre-Professional Phase

YEAR 1							
SEMESTER 1	Fall	Credits	SEMESTER 2	Spring	Credits		
<sup>P</sup> MSAT 1575	Seminar in AT I	1	<sup>P</sup> BIO 1801	Human Anatomy & Physiology I	4		
<sup>P</sup> PSY 1010	General Psychology	3	<sup>P</sup> HHP 3342	Nutrition for Wellness & Performance	3		
CCE 1010	Christian Citizen	3	HHP 1100	Stewardship of the Body	1		
CCE 1020	Western Culture & Worldview	3	REL 1000	The Bible	3		
ENG 1040	Intro to Writing	3	Core Elective	Communication & Language	3		
REL 1100	Christian Faith	3	Core Elective	Society & Culture	3		
<b>Total Credits</b>		16	<b>Total Credits</b>		17		

YEAR 2								
SEMESTER 3	Fall	Credits	SEMESTER 4	Spring	Credits			
<sup>P</sup> BIO 1802	Human Anatomy & Physiology II	4	<sup>P</sup> HHP 3375	Biomechanics	3			
<sup>P</sup> EXPH 3470	Exercise Physiology	4	<sup>P</sup> SCI 1100	Intro to Life & Physical Sciences	4			
<sup>P</sup> MSAT 2575	Seminar in AT II	1	CCE 1040	Science & Humanity	3			
CCE 1030	Western Thought & Worldview	3	HHP 1520	Weight Training (preferred)	1			
MATH 2050	Statistics I (preferred)	3	Core Elective	Faith & Life	3			
Core Elective	Human Creativity & Expression	3		Elective	3			
<b>Total Credits</b>		18	<b>Total Credits</b>		17			

#### Professional Phase

YEAR 3							
SEMESTER 5	Fall	Credits	SEMESTER 6	Spring	Credits		
MSAT 5500	Patient Centered Care	3	MSAT 5510	Psychosocial Aspects of AT	3		
MSAT 5520	AT Foundations	3	MSAT 5570	AT Clinical II	2		
MSAT 5530	AT Clinical I (Fall B term)	1	MSAT 5610	Rehab Techniques of Orthopedic Injuries I	3		
MSAT 5550	Rec & Eval of Orthopedic Injuries I	4	MSAT 5620	Rec & Eval of Orthopedic Injuries II	4		
MSAT 5560	Emergency Care in AT	3	MSAT 5640	Therapeutic Modalities	3		
	Elective	1	<b>Total Credits</b>		15		
<b>Total Credits</b>		15					

YEAR 4							
SEMESTER 7	Fall	Credits	SEMESTER 8	Spring	Credits		
MSAT 5540	Professional Development	1	MSAT 5600	Administration & Management in AT	4		
MSAT 5630	AT Clinical III	3	MSAT 6530	AT Clinical IV	3		
MSAT 6510	Rehab Techniques of Orthopedic Injuries II	3	MSAT 6600	Research Methods	3		
MSAT 6520	Rec & Eval of Orthopedic Injuries III	4		Elective	3		
MSAT 6540	General Medical Conditions	4		Elective	3		
<b>Total Credits</b>		15	<b>Total Credits</b>		16		

YEAR 5							
SEMESTER 9	Fall	Credits	SEMESTER 10	)   Spring	Credits		
‡MSAT 6575	Seminar in AT III	3	‡ MSAT 6610	Case Studies in AT	3		
MSAT 6630	AT Clinical V	3	MSAT 6630	AT Clinical V	3		
	OR			OR			
MSAT 7800	Immersion Experience in AT	6	MSAT 7800	Immersion Experience in AT	6		
‡	Elective	3	‡	Elective	3		
<b>Total Credits</b>		9 or 12	<b>Total Credits</b>		9 or 12		

P Prerequisite

All Core Curriculum courses (45 credits) must be completed during the first 8 semesters

<sup>‡</sup> Possibly Online



# Dual Degree, Scholars Track BACHELOR of SCIENCE in SPORTS MEDICINE MASTER of SCIENCE in ATHLETIC TRAINING



ATHLETIC TRAINING

For Students Entering the MSAT Program Summer 2024 & Beyond

ATHLETIC TRAINING

Suggested Pre-Professional Phase

YEAR 1							
SEMESTER 1	Fall	Credits	SEMESTER 2	Spring	Credits		
<sup>P</sup> MSAT 1575	Seminar in AT I	1	<sup>P</sup> BIO 1801	Human Anatomy & Physiology I	4		
<sup>P</sup> PSY 1010	General Psychology	3	<sup>P</sup> HHP 3342	Nutrition for Wellness & Performance	3		
CCE 1010	Christian Citizen	3	HHP 1100	Stewardship of the Body	1		
CCE 1020	Western Culture & Worldview	3	REL 1000	The Bible	3		
ENG 1040	Intro to Writing	3	Core Elective	Communication & Language	3		
REL 1100	Christian Faith	3	Core Elective	Society & Culture	3		
<b>Total Credits</b>		16	<b>Total Credits</b>		17		

YEAR 2								
SEMESTER 3	Fall	Credits	SEMESTER 4	Spring	Credits			
<sup>P</sup> BIO 1802	Human Anatomy & Physiology II	4	<sup>P</sup> HHP 3375	Biomechanics	3			
<sup>P</sup> EXPH 3470	Exercise Physiology	4	<sup>P</sup> SCI 1100	Intro to Life & Physical Sciences	4			
<sup>P</sup> MSAT 2575	Seminar in AT II	1	CCE 1040	Science & Humanity	3			
CCE 1030	Western Thought & Worldview	3	HHP 1520	Weight Training (preferred)	1			
MATH 2050	Statistics I (preferred)	3	Core Elective	Faith & Life	3			
Core Elective	Human Creativity & Expression	3		Elective	3			
<b>Total Credits</b>		18	<b>Total Credits</b>		17			

Professional Phase, Scholars Track

	YEAR 3							
SEMESTER 5	Summer	Credits	SEMESTER 6	5   Fall	Credits	SEMESTER	7   Spring	Credits
†MSAT 5500	Patient Centered Care	3	MSAT 5520	AT Foundations	3	MSAT 5600	Admin & Management in AT	4
	(Summer B term)		MSAT 5530	AT Clinical I (Fall A term)	1	MSAT 5610	Rehab Techniques Ortho Inj I	3
	Elective	3	MSAT 5540	Professional Development	1	MSAT 5620	Rec & Eval of Ortho Injuries II	4
<b>Total Credits</b>		6	MSAT 5550	Rec & Eval of Ortho Injuries I	4	MSAT 5630	AT Clinical III	3
			MSAT 5560	Emergency Care in AT	3	MSAT 5640	Therapeutic Modalities	3
			MSAT 5570	AT Clinical II (Fall B term)	2	<b>Total Credits</b>		17
				Elective	3			
			<b>Total Credits</b>		17			

YEAR 4								
SEMESTER 8	Summer	Credits	SEMESTER 9	9   Fall	Credits	SEMESTER	10   Spring	Credits
MSAT 7800	Immersion Exp in AT	6	MSAT 6510	Rehab Techniques Ortho Inj II	3	MSAT 5510	Psychosocial Aspects of AT	3
	Elective	3	MSAT 6520	Rec & Eval of Ortho Injuries III	4	MSAT 6600	Research Methods	3
<b>Total Credits</b>		9	MSAT 6530	AT Clinical IV	3	MSAT 6610	Case Studies in AT	3
			MSAT 6540	General Medical Conditions	4	MSAT 6630	AT Clinical V	3
			MSAT 6575	Seminar in AT III	3		Elective	1
			<b>Total Credits</b>		17		Elective	3
						<b>Total Credits</b>		16

P Prerequisite

The outlined 4 Year Scholars Academic Plan is tentative, is subject to change, and is not a guarantee of course availability

<sup>†</sup> Online