



# ATHLETIC TRAINING

## Dual Degree BACHELOR of SCIENCE in SPORTS MEDICINE MASTER of SCIENCE in ATHLETIC TRAINING

For Students Entering the MSAT Program Summer 2022 & Beyond

CORE CURRICULUM:	45 credits
ADDITIONAL PREREQUISITE COURSES:	20 credits
MAJOR COURSES:	69 credits
ELECTIVES:	16 credits
<b>TOTAL:</b>	<b>150 credits</b>

### CUW LIBERAL ARTS CORE CURRICULUM | 45 credits

#### Concordia Common Core | 18 credits (must be taken at CUW, cannot be transferred in)

Western Culture & Worldview:	CCE 110	3 credits	_____
Western Thought & Worldview:	CCE 120	3 credits	_____
Christian Citizen:	CCE 130	3 credits	_____
Science & Humanity:	CCE 140	3 credits	_____
Bible Content:	REL 100 The Bible	3 credits	_____
Christian Doctrine:	REL 110 Christian Faith	3 credits	_____

#### Liberal Arts Dimensions | 27 credits

Faith & Life (3 credits)			
⇒ Core Elective, Religion	REL above 204	3 credits	_____
Natural World (7 credits)			
⇒ Science with a Lab	<sup>P</sup> BIO 191: Human Anat & Phys I (B/C min)	4 credits	_____
⇒ Mathematics or Computer Science	MATH 205: Statistics I, preferred	3 credits	_____
Society & Culture (3 credits)			
⇒ Core Elective	see Core Options	3 credits	_____
Human Beings & Being Human (5 credits)			
⇒ Stewardship of the Body	HHP 100 : Stewardship of the Body	1 credit	_____
⇒ HHP Activity	HHP 120: Weight Training, preferred	1 credit	_____
⇒ General Psychology	<sup>P</sup> PSY 101: General Psychology	3 credits	_____
Human Creativity & Expression (3 credits)			
⇒ Core Elective	see Core Options	3 credits	_____
Communication & Language (6 credits)			
⇒ Intro to Writing	ENG 104: Intro to Writing	3 credits	_____
⇒ Core Elective, Communication/Foreign Language	see Core Options	3 credits	_____

#### REQUIRED ELEMENTS

- ⇒ One course must have a "culture" designation, noted with an (\*) (\*) \_\_\_\_\_
- ⇒ Two courses must have a "writing intensive" designation, noted with a (w) (w) \_\_\_\_\_
  - One must be in the core (w) \_\_\_\_\_
  - Some CCE 110, REL 100, & REL 110 are offered as writing intensive

<sup>P</sup> Prerequisite Course for the CUW MSAT Program

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**ADDITIONAL PREREQUISITE COURSES | 20 credits**

Human Anatomy & Physiology II	BIO 192 <i>(B/C min)</i>	4 credits	_____
Exercise Physiology	EXPH 470 <i>(fall only)</i>	4 credits	_____
Nutrition for Wellness & Performance	HHP 342 <i>(spring only)</i>	3 credits	_____
Seminar in Athletic Training I	MSAT 175 <i>(fall only)</i>	1 credit	_____
Seminar in Athletic Training II	MSAT 275 <i>(fall only)</i>	1 credit	_____
Applied Biomechanics & Arthrokinematics	MSAT 350 <i>(spring only)</i>	3 credits	_____
Intro to Life & Physical Sciences	SCI 110	4 credits	_____
OR postsecondary level coursework in Biology, Chemistry, and Physics			_____

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**ATHLETIC TRAINING MAJOR COURSES | 69 credits**

Professional Development	MSAT 505	1 credit	_____
Patient Centered Care	MSAT 515	3 credits	_____
Athletic Training Foundations with Lab	MSAT 525	3 credits	_____
Psychosocial Aspects of Athletic Training	MSAT 530	3 credits	_____
Emergency Care in Athletic Training with Lab	MSAT 535	3 credits	_____
Therapeutic Modalities with Lab	MSAT 550	3 credits	_____
Recognition & Evaluation of Orthopedic Injuries I with Lab	MSAT 560	4 credits	_____
Recognition & Evaluation of Orthopedic Injuries II with Lab	MSAT 561	4 credits	_____
Recognition & Evaluation of Orthopedic Injuries III with Lab	MSAT 562	4 credits	_____
Rehabilitation Techniques of Orthopedic Injuries I with Lab	MSAT 565	3 credits	_____
Rehabilitation Techniques of Orthopedic Injuries II with Lab	MSAT 566	3 credits	_____
Research Methods	MSAT 569	3 credits	_____
General Medical Conditions with Lab	MSAT 574	4 credits	_____
Case Studies in Athletic Training	MSAT 575	3 credits	_____
Administration & Management in Athletic Training	MSAT 579	4 credits	_____
Athletic Training Clinical I	MSAT 580	1 credit	_____
Athletic Training Clinical II	MSAT 581	2 credits	_____
Athletic Training Clinical III	MSAT 582	3 credits	_____
Athletic Training Clinical IV	MSAT 583	3 credits	_____
Athletic Training Clinical V	MSAT 584	3 credits	_____
Seminar in Athletic Training III	MSAT 585	3 credits	_____
Immersion Experience in Athletic Training	MSAT 590	6 credits	_____

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**ELECTIVES | 16 credits**

Elective: _____	_____ credits	_____
Elective: _____	_____ credits	_____
Elective: _____	_____ credits	_____
Elective: _____	_____ credits	_____
Elective: _____	_____ credits	_____
Elective: _____	_____ credits	_____

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**TOTAL CREDITS** \_\_\_\_\_

*Students must complete a minimum of 150 credits to graduate with a Bachelor of Science in Sports Medicine and a Master of Science in Athletic Training*



**Dual Degree**  
**BACHELOR of SCIENCE in SPORTS MEDICINE**  
**MASTER of SCIENCE in ATHLETIC TRAINING**



**ATHLETIC TRAINING**

*For Students Entering the MSAT Program Summer 2022 & Beyond*

**ATHLETIC TRAINING**

*Suggested Pre-Professional Phase*

YEAR 1					
SEMESTER 1   Fall	Credits		SEMESTER 2   Spring	Credits	
<sup>P</sup> MSAT 175	Seminar in AT I	1	<sup>P</sup> BIO 191	Human Anatomy & Physiology I	4
<sup>P</sup> PSY 101	General Psychology	3	<sup>P</sup> HHP 342	Nutrition for Wellness & Performance	3
CCE 130	Christian Citizen	3	CCE 110	Western Culture & Worldview	3
<i>Core Elective</i>	Communication & Foreign Language	3	<i>Core Elective</i>	Society & Culture	3
ENG 104	Intro to Writing	3	HHP 100	Stewardship of the Body	1
REL 110	Christian Doctrine	3	REL 100	The Bible	3
<b>Total Credits</b>		<b>16</b>	<b>Total Credits</b>		<b>17</b>

YEAR 2					
SEMESTER 3   Fall	Credits		SEMESTER 4   Spring	Credits	
<sup>P</sup> BIO 192	Human Anatomy & Physiology II	4	<sup>P</sup> MSAT 350	Applied Biomechanics & Arthrokinematics	3
<sup>P</sup> EXPH 470	Exercise Physiology	4	<sup>P</sup> SCI 110	Intro to Life & Physical Sciences	4
<sup>P</sup> MSAT 275	Seminar in AT II	1	CCE 140	Science & Humanity	3
CCE 120	Western Thought & Worldview	3	<i>Core Elective</i>	Faith & Life	3
MATH 205	Statistics I (preferred)	3	HHP 120	Weight Training (preferred)	1
<i>Core Elective</i>	Creative Expression	3	<i>Elective</i>		3
<b>Total Credits</b>		<b>18</b>	<b>Total Credits</b>		<b>17</b>

*Professional Phase*

YEAR 3					
SEMESTER 5   Fall	Credits		SEMESTER 6   Spring	Credits	
MSAT 515	Patient Centered Care	3	MSAT 530	Psychosocial Aspects of AT	3
MSAT 525	AT Foundations	3	MSAT 550	Therapeutic Modalities	3
MSAT 535	Emergency Care in AT	3	MSAT 561	Rec & Eval of Orthopedic Injuries II	4
MSAT 560	Rec & Eval of Orthopedic Injuries I	4	MSAT 565	Rehab Techniques of Orthopedic Injuries I	3
MSAT 580	AT Clinical I (Fall B term)	1	MSAT 581	AT Clinical II	2
	<i>Elective</i>	1	<b>Total Credits</b>		<b>15</b>
<b>Total Credits</b>		<b>15</b>			

YEAR 4					
SEMESTER 7   Fall	Credits		SEMESTER 8   Spring	Credits	
MSAT 505	Professional Development	1	MSAT 569	Research Methods	3
MSAT 562	Rec & Eval of Orthopedic Injuries III	4	MSAT 579	Administration & Management in AT	4
MSAT 566	Rehab Techniques of Orthopedic Injuries II	3	MSAT 583	AT Clinical IV	3
MSAT 574	General Medical Conditions	4		<i>Elective</i>	3
MSAT 582	AT Clinical III	3		<i>Elective</i>	3
<b>Total Credits</b>		<b>15</b>	<b>Total Credits</b>		<b>16</b>

YEAR 5					
SEMESTER 9   Fall	Credits		SEMESTER 10   Spring	Credits	
‡MSAT 585	Seminar in AT III	3	‡ MSAT 575	Case Studies in AT	3
MSAT 584	AT Clinical V	3	MSAT 584	AT Clinical V	3
	<b>OR</b>			<b>OR</b>	
MSAT 590	Immersion Experience in AT	6	MSAT 590	Immersion Experience in AT	6
‡	<i>Elective</i>	3	‡	<i>Elective</i>	3
<b>Total Credits</b>		<b>9 or 12</b>	<b>Total Credits</b>		<b>9 or 12</b>

<sup>P</sup> Prerequisite

‡ Possibly Online

*All Core Curriculum courses (45 credits) must be completed during the first 8 semesters*

**The outlined 5 Year Academic Plan is tentative, is subject to change, and is not a guarantee of course availability**



Dual Degree, **Scholars Track**  
**BACHELOR of SCIENCE in SPORTS MEDICINE**  
**MASTER of SCIENCE in ATHLETIC TRAINING**



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For Students Entering the MSAT Program Summer 2022 & Beyond

**ATHLETIC TRAINING**

*Suggested Pre-Professional Phase*

YEAR 1					
SEMESTER 1   Fall			SEMESTER 2   Spring		
		Credits			Credits
<sup>P</sup> MSAT 175	Seminar in AT I	1	<sup>P</sup> BIO 191	Human Anatomy & Physiology I	4
<sup>P</sup> PSY 101	General Psychology	3	<sup>P</sup> HHP 342	Nutrition for Wellness & Performance	3
CCE 130	Christian Citizen	3	CCE 110	Western Culture & Worldview	3
<i>Core Elective</i>	Communication & Foreign Language	3	<i>Core Elective</i>	Society & Culture	3
ENG 104	Intro to Writing	3	HHP 100	Stewardship of the Body	1
REL 110	Christian Doctrine	3	REL 100	The Bible	3
<b>Total Credits</b>		<b>16</b>	<b>Total Credits</b>		<b>17</b>

YEAR 2					
SEMESTER 3   Fall			SEMESTER 4   Spring		
		Credits			Credits
<sup>P</sup> BIO 192	Human Anatomy & Physiology II	4	<sup>P</sup> MSAT 350	Applied Biomechanics & Arthrokinematics	3
<sup>P</sup> EXPH 470	Exercise Physiology	4	<sup>P</sup> SCI 110	Intro to Life & Physical Sciences	4
<sup>P</sup> MSAT 275	Seminar in AT II	1	CCE 140	Science & Humanity	3
CCE 120	Western Thought & Worldview	3	<i>Core Elective</i>	Faith & Life	3
MATH 205	Statistics I (preferred)	3	HHP 120	Weight Training (preferred)	1
<i>Core Elective</i>	Creative Expression	3	<i>Elective</i>		3
<b>Total Credits</b>		<b>18</b>	<b>Total Credits</b>		<b>17</b>

*Professional Phase, Scholars Track*

YEAR 3											
SEMESTER 5   Summer				SEMESTER 6   Fall				SEMESTER 7   Spring			
		Credits			Credits			Credits			Credits
<sup>†</sup> MSAT 515	Patient Centered Care	3	MSAT 505	Professional Development	1	MSAT 550	Therapeutic Modalities	3			
	(Summer B term)		MSAT 525	AT Foundations	3	MSAT 561	Rec & Eval of Ortho Injuries II	4			
	<i>Elective</i>	3	MSAT 530	Psychosocial Aspects of AT	3	MSAT 565	Rehab Techniques Ortho Inj I	3			
<b>Total Credits</b>		<b>6</b>	MSAT 535	Emergency Care in AT	3	MSAT 579	Admin & Management in AT	4			
			MSAT 560	Rec & Eval of Ortho Injuries I	4	MSAT 582	AT Clinical III	3			
			MSAT 580	AT Clinical I (Fall A term)	1	<b>Total Credits</b>		<b>17</b>			
			MSAT 581	AT Clinical II (Fall B term)	2						
			<b>Total Credits</b>		<b>17</b>						

YEAR 4											
SEMESTER 8   Summer				SEMESTER 9   Fall				SEMESTER 10   Spring			
		Credits			Credits			Credits			Credits
MSAT 590	Immersion Exp in AT	6	MSAT 562	Rec & Eval of Ortho Injuries III	4	MSAT 569	Research Methods	3			
	<i>Elective</i>	3	MSAT 566	Rehab Techniques Ortho Inj II	3	MSAT 575	Case Studies in AT	3			
<b>Total Credits</b>		<b>9</b>	MSAT 574	General Medical Conditions	4	MSAT 584	AT Clinical V	3			
			MSAT 583	AT Clinical IV	3	<i>Elective</i>		1			
			MSAT 585	Seminar in AT III	3	<i>Elective</i>		3			
			<b>Total Credits</b>		<b>17</b>	<i>Elective</i>		3			
						<b>Total Credits</b>		<b>16</b>			

<sup>P</sup> Prerequisite

<sup>†</sup> Online

**The outlined 4 Year Scholars Academic Plan is tentative, is subject to change, and is not a guarantee of course availability**