

**Dual Degree**  
**BACHELOR of SCIENCE in SPORTS MEDICINE**  
**MASTER of SCIENCE in ATHLETIC TRAINING**

*For Students Entering the MSAT Program Summer 2024 & Beyond*

<b>Core Curriculum: Concordia Common Core</b>			Credits	<b>Athletic Training: Required Major Courses</b>			Credits
CCE 1010	Christian Citizen	3		MSAT 5500	Patient Centered Care	3	
CCE 1020	Western Culture & Worldview	3		MSAT 5510	Psychosocial Aspects of Athletic Training	3	
CCE 1030	Western Thought & Worldview	3		MSAT 5520	Athletic Training Foundations	3	
CCE 1040	Science & Humanity	3		MSAT 5530	Athletic Training Clinical I	1	
REL 1000	The Bible	3		MSAT 5540	Professional Development	1	
REL 1100	Christian Faith	3		MSAT 5550	Recognition & Evaluation of Ortho Injuries I	4	
<b>Total Credits</b>			<b>18</b>	MSAT 5560	Emergency Care in Athletic Training	3	
				MSAT 5570	Athletic Training Clinical II	2	
				MSAT 5600	Administration & Management in AT	4	
<b>Core Curriculum: Liberal Arts Dimensions</b>			Credits	MSAT 5610	Rehabilitation Techniques of Ortho Injuries I	3	
Core Elective	Faith & Life	3		MSAT 5620	Recognition & Evaluation of Ortho Injuries II	4	
<sup>P</sup> BIO 1801	Human Anatomy & Physiology I	4		MSAT 5630	Athletic Training Clinical III	3	
MATH 2050	Statistics I (preferred)	3		MSAT 5640	Therapeutic Modalities	3	
Core Elective	Society & Culture	3		MSAT 6510	Rehabilitation Techniques of Ortho Injuries II	3	
HHP 1100	Stewardship of the Body	1		MSAT 6520	Recognition & Evaluation of Ortho Injuries III	4	
HHP 1520	Weight Training (preferred)	1		MSAT 6530	Athletic Training Clinical IV	3	
<sup>P</sup> PSY 1010	General Psychology	3		MSAT 6540	General Medical Conditions	4	
Core Elective	Human Creativity & Expression	3		MSAT 6575	Seminar in Athletic Training III	3	
ENG 1040	Introduction to Writing	3		MSAT 6600	Research Methods	3	
Core Elective	Communication & Language	3		MSAT 6610	Case Studies in Athletic Training	3	
<b>Total Credits</b>			<b>27</b>	MSAT 6630	Athletic Training Clinical V	3	
				MSAT 7800	Immersion Experience in Athletic Training	6	
				<b>Total Credits</b>			<b>69</b>
<b>Athletic Training: Prerequisite Courses</b>			Credits	<b>Electives</b>			Credits
<sup>P</sup> BIO 1802	Human Anatomy & Physiology II	4		Electives			16
<sup>P</sup> EXPH 3470	Exercise Physiology	4		<b>Total Credits</b>			<b>16</b>
<sup>P</sup> HHP 3342	Nutrition for Wellness & Performance	3					
<sup>P</sup> HHP 3375	Biomechanics	3					
<sup>P</sup> MSAT 1575	Seminar in Athletic Training I	1					
<sup>P</sup> MSAT 2575	Seminar in Athletic Training II	1					
	Introduction to Life & Physical Sciences						
<sup>P</sup> SCI 1100	(or postsecondary coursework in Biology, Chemistry, & Physics)	4					
<b>Total Credits</b>			<b>20</b>				

<sup>P</sup> Prerequisite Course for the CUW MSAT Program

**Total Credits: 150**

**REQUIRED ELEMENTS**

- ⇒ One course must have a "culture" designation, noted with an (\*)
- ⇒ Two courses must have a "writing intensive" designation, noted with a (w)



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**ATHLETIC TRAINING**

*Suggested Pre-Professional Phase*

**YEAR 1**

SEMESTER 1   Fall		Credits	SEMESTER 2   Spring		Credits
<sup>P</sup> MSAT 1575	Seminar in AT I	1	<sup>P</sup> BIO 1801	Human Anatomy & Physiology I	4
<sup>P</sup> PSY 1010	General Psychology	3	<sup>P</sup> HHP 3342	Nutrition for Wellness & Performance	3
CCE 1010	Christian Citizen	3	HHP 1100	Stewardship of the Body	1
CCE 1020	Western Culture & Worldview	3	REL 1000	The Bible	3
ENG 1040	Intro to Writing	3	<i>Core Elective</i>	Communication & Language	3
REL 1100	Christian Faith	3	<i>Core Elective</i>	Society & Culture	3
<b>Total Credits</b>		<b>16</b>	<b>Total Credits</b>		<b>17</b>

**YEAR 2**

SEMESTER 3   Fall		Credits	SEMESTER 4   Spring		Credits
<sup>P</sup> BIO 1802	Human Anatomy & Physiology II	4	<sup>P</sup> HHP 3375	Biomechanics	3
<sup>P</sup> EXPH 3470	Exercise Physiology	4	<sup>P</sup> SCI 1100	Intro to Life & Physical Sciences	4
<sup>P</sup> MSAT 2575	Seminar in AT II	1	CCE 1040	Science & Humanity	3
CCE 1030	Western Thought & Worldview	3	HHP 1520	Weight Training (preferred)	1
MATH 2050	Statistics I (preferred)	3	<i>Core Elective</i>	Faith & Life	3
<i>Core Elective</i>	Human Creativity & Expression	3	<i>Elective</i>		3
<b>Total Credits</b>		<b>18</b>	<b>Total Credits</b>		<b>17</b>

*Professional Phase*

**YEAR 3**

SEMESTER 5   Fall		Credits	SEMESTER 6   Spring		Credits
MSAT 5500	Patient Centered Care	3	MSAT 5510	Psychosocial Aspects of AT	3
MSAT 5520	AT Foundations	3	MSAT 5570	AT Clinical II	2
MSAT 5530	AT Clinical I (Fall B term)	1	MSAT 5610	Rehab Techniques of Orthopedic Injuries I	3
MSAT 5550	Rec & Eval of Orthopedic Injuries I	4	MSAT 5620	Rec & Eval of Orthopedic Injuries II	4
MSAT 5560	Emergency Care in AT	3	MSAT 5640	Therapeutic Modalities	3
	<i>Elective</i>	1	<b>Total Credits</b>		<b>15</b>
<b>Total Credits</b>		<b>15</b>			

**YEAR 4**

SEMESTER 7   Fall		Credits	SEMESTER 8   Spring		Credits
MSAT 5540	Professional Development	1	MSAT 5600	Administration & Management in AT	4
MSAT 5630	AT Clinical III	3	MSAT 6530	AT Clinical IV	3
MSAT 6510	Rehab Techniques of Orthopedic Injuries II	3	MSAT 6600	Research Methods	3
MSAT 6520	Rec & Eval of Orthopedic Injuries III	4		<i>Elective</i>	3
MSAT 6540	General Medical Conditions	4		<i>Elective</i>	3
<b>Total Credits</b>		<b>15</b>	<b>Total Credits</b>		<b>16</b>

**YEAR 5**

SEMESTER 9   Fall		Credits	SEMESTER 10   Spring		Credits
‡MSAT 6575	Seminar in AT III	3	‡ MSAT 6610	Case Studies in AT	3
MSAT 6630	AT Clinical V	3	MSAT 6630	AT Clinical V	3
	<b>OR</b>			<b>OR</b>	
MSAT 7800	Immersion Experience in AT	6	MSAT 7800	Immersion Experience in AT	6
‡	<i>Elective</i>	3	‡	<i>Elective</i>	3
<b>Total Credits</b>		<b>9 or 12</b>	<b>Total Credits</b>		<b>9 or 12</b>

<sup>P</sup> Prerequisite

‡ Possibly Online

*All Core Curriculum courses (45 credits) must be completed during the first 8 semesters*

**The outlined 5 Year Academic Plan is tentative, is subject to change, and is not a guarantee of course availability**



Dual Degree, **Scholars Track**  
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**ATHLETIC TRAINING**

Suggested Pre-Professional Phase

YEAR 1							
SEMESTER 1   Fall			Credits	SEMESTER 2   Spring			Credits
<sup>P</sup> MSAT 1575	Seminar in AT I		1	<sup>P</sup> BIO 1801	Human Anatomy & Physiology I		4
<sup>P</sup> PSY 1010	General Psychology		3	<sup>P</sup> HHP 3342	Nutrition for Wellness & Performance		3
CCE 1010	Christian Citizen		3	HHP 1100	Stewardship of the Body		1
CCE 1020	Western Culture & Worldview		3	REL 1000	The Bible		3
ENG 1040	Intro to Writing		3	<i>Core Elective</i>	Communication & Language		3
REL 1100	Christian Faith		3	<i>Core Elective</i>	Society & Culture		3
<b>Total Credits</b>			<b>16</b>	<b>Total Credits</b>			<b>17</b>

YEAR 2							
SEMESTER 3   Fall			Credits	SEMESTER 4   Spring			Credits
<sup>P</sup> BIO 1802	Human Anatomy & Physiology II		4	<sup>P</sup> HHP 3375	Biomechanics		3
<sup>P</sup> EXPH 3470	Exercise Physiology		4	<sup>P</sup> SCI 1100	Intro to Life & Physical Sciences		4
<sup>P</sup> MSAT 2575	Seminar in AT II		1	CCE 1040	Science & Humanity		3
CCE 1030	Western Thought & Worldview		3	HHP 1520	Weight Training (preferred)		1
MATH 2050	Statistics I (preferred)		3	<i>Core Elective</i>	Faith & Life		3
<i>Core Elective</i>	Human Creativity & Expression		3	<i>Elective</i>			3
<b>Total Credits</b>			<b>18</b>	<b>Total Credits</b>			<b>17</b>

Professional Phase, Scholars Track

YEAR 3											
SEMESTER 5   Summer			Credits	SEMESTER 6   Fall			Credits	SEMESTER 7   Spring			Credits
<sup>†</sup> MSAT 5500	Patient Centered Care		3	MSAT 5520	AT Foundations		3	MSAT 5600	Admin & Management in AT		4
	(Summer B term)			MSAT 5530	AT Clinical I (Fall A term)		1	MSAT 5610	Rehab Techniques Ortho Inj I		3
	<i>Elective</i>		3	MSAT 5540	Professional Development		1	MSAT 5620	Rec & Eval of Ortho Injuries II		4
<b>Total Credits</b>			<b>6</b>	MSAT 5550	Rec & Eval of Ortho Injuries I		4	MSAT 5630	AT Clinical III		3
				MSAT 5560	Emergency Care in AT		3	MSAT 5640	Therapeutic Modalities		3
				MSAT 5570	AT Clinical II (Fall B term)		2	<b>Total Credits</b>			<b>17</b>
					<i>Elective</i>		3				
				<b>Total Credits</b>			<b>17</b>				

YEAR 4											
SEMESTER 8   Summer			Credits	SEMESTER 9   Fall			Credits	SEMESTER 10   Spring			Credits
MSAT 7800	Immersion Exp in AT		6	MSAT 6510	Rehab Techniques Ortho Inj II		3	MSAT 5510	Psychosocial Aspects of AT		3
	<i>Elective</i>		3	MSAT 6520	Rec & Eval of Ortho Injuries III		4	MSAT 6600	Research Methods		3
<b>Total Credits</b>			<b>9</b>	MSAT 6530	AT Clinical IV		3	MSAT 6610	Case Studies in AT		3
				MSAT 6540	General Medical Conditions		4	MSAT 6630	AT Clinical V		3
				MSAT 6575	Seminar in AT III		3	<i>Elective</i>			1
				<b>Total Credits</b>			<b>17</b>	<i>Elective</i>			3
								<b>Total Credits</b>			<b>16</b>

<sup>P</sup> Prerequisite

<sup>†</sup> Online

**The outlined 4 Year Scholars Academic Plan is tentative, is subject to change, and is not a guarantee of course availability**