PSY101: GENERAL PSYCHOLOGY

Course Overview: This is an introductory survey course acquainting the student with the procedures, principles, theories and vocabulary of psychology as a science. 3 credits

Topics are examined from a variety of perspectives: psychodynamic, biological, cognitive, behavioral, social-cultural and Christian. Students will develop critical and insightful thinking skills through reading, writing and discussions.

Grading:

<table>
<thead>
<tr>
<th>Component</th>
<th>Percentage</th>
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<tbody>
<tr>
<td>Discussions &amp; Journals</td>
<td>25%</td>
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<td>Quizzes &amp; learning</td>
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<td>inventories</td>
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<td>Written assignments</td>
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<tr>
<td>Project</td>
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Grading:

Discussions & Journals 25%
Quizzes & learning inventories 25%
Written assignments 25%
Project 25%

Attendance:

Attendance is recorded for each discussion or assignment that is submitted. Students are encouraged to log on about 4 times per week and dedicate about 6 hours each week to their coursework.

Is this a Christian Psychology course? We encourage the student to think and respond from a biblical worldview perspective regarding the Psychology of mind, body, and spirit. Students will be exposed to secular and biblical perspectives and asked to respond and reflect on the differences.

Assignments:

Discussions: Students respond to a question and respond to others.

Journals: 1-4 paragraph responses which are only viewed by the instructor.

Quizzes and learning inventories: Verify the student has an understanding of readings and concepts. Learning inventories have students reflect on their knowledge of the course.

Written assignments: 1-2 page written responses or article reviews.

Project: This allows students to explore a topic of interest related to Psychology. It requires academic research, a written college formatted paper, and a media presentation shared online with the class. Students are evaluated based on content and creativity.

- 15 week course
- Not self-paced; assignments Have weekly deadlines.
- Students can access their course any time, from any location.
- A laptop or desktop is recommended.
- Students will set up a university email & use this while in the course.
- Orientation will be required prior to the start of the course.
<table>
<thead>
<tr>
<th>Week</th>
<th>Course readings and videos</th>
<th>Assignments</th>
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</table>
| Week 1: Introduction to Psychology | • What is Psychology?  
• History of Psychology  
• Careers in Psychology | • Background knowledge probe  
• Discussion – pray & chat intros  
• Learning inventory |
| Week 2: Psychological research | • Why is research important?  
• Analyzing research | • Journal post  
• Learning inventory/quiz |
| Week 3: Biopsychology | • Human genetics  
• Parts of the nervous system  
• The endocrine system | • Discussion post & replies  
• Written assignment  
• Learning inventory/quiz |
| Week 4: States of Consciousness | • What is consciousness?  
• Sleep problems & disorders  
• Substance use & abuse | • Journal post  
• Learning inventory/quiz  
• Written assignment #1 |
| Week 5: Sensation & perception | • Sensation versus perception  
• Vision & hearing  
• Gestalt principles of perception | • Discussion post and replies  
• Learning inventory/quiz  
• Project topic due |
| Week 6: Learning | • Classical conditioning  
• Operant conditioning  
• Observational Learning | • Learning inventory/quiz  
• Written assignment #2 |
| Week 7: Thinking & Intelligence | • What is cognition?  
• Intelligence & creativity  
• Measures of intelligence | • Discussion post & replies  
• Learning inventory/quiz |
| Week 8: Memory | • How memory functions  
• Problems with memory  
• Ways to enhance memory | • Journal post  
• Learning inventory/quiz  
• Written assignment #3 |
| Week 9: Lifespan Development | • Lifespan theories  
• Stages of Development  
• Death & Dying | • Discussion post & replies  
• Learning inventory/quiz |
| Week 10: Emotion & Motivation | • Motivation & emotion  
• Hunger and eating  
• Sexual behavior | • Learning inventory/quiz  
• Written assignment #4 |
| Week 11: Personality | • Freud and Psychodynamics  
• Adler, Erikson, Jung & Horney | • Journal post  
• Learning inventory/quiz |
| Week 12: Social psychology | • Attitudes and persuasion  
• Conformity, compliance & obedience  
• Prejudice & discrimination | • Learning inventory/quiz  
• Journal post |
| Week 13: Stress, lifestyle, & health | • Stress & illness  
• Regulation of stress  
• The pursuit of happiness | • Learning inventory/quiz  
• Project media presentation due |
| Week 14: Psychological disorders | • Diagnosing psychological disorders  
• Obsessive-compulsive  
• Schizophrenia | • Journal post  
• Learning inventory/quiz  
• Project reflection & bibliography |
| Week 15: Therapy & Treatment | • Types of treatment  
• Addictive disorders | • Journal Post  
• Quiz  
• Course reflection |

This is a sample course schedule and the actual course layout could change each term.