**Course Overview:** This course is an introductory survey course acquainting the student with the procedures, principles, theories and vocabulary of psychology as a science. 3 credits.

**Course Evaluation and Grading**
- Discussions 20%
- Weekly Challenge Journals 10%
- Learning Inventories 5%
- Assessments 40%
- Service Learning Project 25%

This course will focus on general psychology topics related to six diverse perspectives: psychodynamic, biological, cognitive, behavioral, social-cultural and Christian. Students will engage in service learning and gain a deeper appreciation of Concordia’s mission. Students will develop critical and insightful thinking skills through reading, writing and discussing course materials.

**Textbook** *Psychology* (Spielman, Dumper) on OpenStax. This eBook is freely available online through a Creative Commons license.

- **Discussions (Post Wed, reply by Sun)**
  Students post a response to a weekly topic. Students respond to other student’s posts. Regular interaction with peers is expected.

- **Weekly Challenge Journals**
  Students write 1-2 paragraph responses to a topic. Journals are only viewed and reacted to by the instructor.

- **Learning Inventories**
  Blackboard quizzes allowing multiple attempts

- **What is Service Learning:** Service learning is an experiential assignment different from volunteer work because it integrates course objectives with service-oriented work in the community.

- **1 Reflection Paper:** One reflection papers (2-3 pages) is due the last week of class.

**Counts as...** This course fulfills the 3 credit social science course requirement in the core curriculum.
<table>
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<tr>
<th>Week</th>
<th>Course readings and videos</th>
<th>Assignments</th>
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| **Week 1** Intro to Psychology | • What is Psychology?  
• History of Psychology  
• Careers in Psychology | • Background Knowledge Probe (Due Wed)  
• Journal Response (1-2 paragraphs) (Due Thur)  
• Learning Inventory (Due Sun) |
| **Week 2** Psychological Research | • Why Is Research Important?  
• Analyzing Research | • Discussion (Initial due Wed, reply due Sun)  
• Journal Response (Due Thursday)  
• Learning Inventory and Quiz (Due Sunday) |
| **Week 3** Biopsychology | • Human Genetics  
• Parts of the Nervous System  
• The Endocrine System | • Discussion (Initial due Wed, reply due Sun)  
• Journal Response (Due Thursday)  
• Learning Inventory and Quiz (Due Sunday) |
| **Week 4** States of Consciousness | • What Is Consciousness?  
• Sleep Problems and Disorders  
• Substance Use and Abuse | • Discussion (Initial due Wed, reply due Sun)  
• Journal Response (Due Thursday)  
• Learning Inventory and Quiz (Due Sunday) |
| **Week 5** Sensation & Perception | • Sensation versus Perception  
• Vision and Hearing  
• Gestalt Principles of Perception | • Discussion (Initial due Wed, reply due Sun)  
• Journal Response (Due Thursday)  
• Learning Inventory and Quiz (Due Sunday) |
| **Week 6** Learning | • Classical Conditioning  
• Operant Conditioning  
• Observational Learning (Modeling) | • Discussion (Initial due Wed, reply due Sun)  
• Journal Response (Due Thursday)  
• Learning Inventory and Quiz (Due Sunday) |
| **Week 7** Thinking & Intelligence | • What Is Cognition?  
• Intelligence and Creativity?  
• Measures of Intelligence | • Discussion (Initial due Wed, reply due Sun)  
• Learning Inventory and Quiz (Due Sunday)  
• **Draft of Service Learning Project Due** |
| **Week 8** Memory | • How Memory Functions  
• Problems with Memory  
• Ways to Enhance Memory | • Discussion (Initial due Wed, reply due Sun)  
• Journal Response (Due Thursday)  
• Learning Inventory and Quiz (Due Sunday) |
| **Week 9** Lifespan Development | • Lifespan Theories  
• Stages of Development  
• Death and Dying | • Discussion (Initial due Wed, reply due Sun)  
• Journal Response (Due Thursday)  
• Learning Inventory and Quiz (Due Sunday) |
| **Week 10** Emotion & Motivation | • Motivation and Emotion  
• Hunger and Eating  
• Sexual Behavior | • Discussion (Initial due Wed, reply due Sun)  
• Journal Response (Due Thursday)  
• Learning Inventory and Quiz (Due Sunday) |
| **Week 11** Personality | • Freud and the Psychodynamics  
• Adler, Erikson, Jung, and Horney  
• Personality Assessment | • Discussion (Initial due Wed, reply due Sun)  
• Journal Response (Due Thursday)  
• Learning Inventory and Quiz (Due Sunday) |
| **Week 12** Social Psychology | • Attitudes and Persuasion  
• Conformity, Compliance, and Obedience  
• Prejudice and Discrimination | • Discussion (Initial due Wed, reply due Sun)  
• Journal Response (Due Thursday)  
• Learning Inventory and Quiz (Due Sunday) |
| **Week 13** Stress, Lifestyle & Health | • Stress and Illness  
• Regulation of Stress  
• The Pursuit of Happiness | • Discussion (Initial due Wed, reply due Sun)  
• Journal Response (Due Thursday)  
• Learning Inventory and Quiz (Due Sunday) |
| **Week 14 – Psychological Disorders** | • Diagnosing Psychological Disorders  
• Obsessive-Compulsive  
• Schizophrenia | • Discussion (Initial due Wed, reply due Sun)  
• Journal Response (Due Thursday)  
• Learning Inventory and Quiz (Due Sunday) |
| **Week 15** Therapy & Treatment | • Types of Treatment  
• Addictive Disorders | • Final Reflection (2-3 page paper)  
• **Service Learning Project Due** |