# **CONCORDIA UNIVERSITY**

WISCONSIN & ANN ARBOR

# What to Expect

PSY 101 Intro to Psychology

This is a general course preview. The syllabus in the actual course may have minor changes.

## **Course Details**

#### Format

#### 15-week course

• Not self-paced: Assignments have specific weekly deadlines

• Students login when convenient

#### Orientation

Before Class Begins

- New students must complete an online student orientation in Blackboard BEFORE the class begins.
- •Students will be emailed a login link.
- •Allow 2 hours to complete.

#### Email

- •New students must set-up a Concordia email account
- During a term, all communication is through college email

#### Attendance

- Attendance is recorded when a discussion or assignment is posted,
- •Login at least 5 times per week.

#### Payment

- Students are mailed an invoice
- Payments are made online
- Concordia processes invoices for state funded students.



#### **Drop Policy**

- After a course begins, the student will pay for a course, even if dropped.
- The student pays based on the number of weeks completed.
  - Week 1-5 : A percent refund
  - $\circ$  Week 6-10  $\,$  0% and 'W' grade  $\,$

Week 11-16 0% and 'F' grade
 "W" Withdraw does not count in GPA

"F" Counts as a 0.0 in GPA

### Course Overview: This course is an introductory survey course

acquainting the student with the procedures, principles, theories and vocabulary of psychology as a science. 3 credits.

Topics are examined from a variety of perspectives: psychodynamic, biological, cognitive, behavioral, social-cultural and Christian. Students will develop critical and insightful thinking skills through reading, writing and discussing course materials.

#### **Course Evaluation and Grading**

Discussions and Journals	25%
Quizzes and Learning Inventories	25%
Written Assignments	25%
Project	25%

Is this a 'Christian Psychology' course? We encourage the student to think and respond from a Biblical worldview perspective regarding the Psychology of mind, body, and spirit. Students will be exposed to secular AND Biblical perspectives and be asked to respond and reflect on the differences. Only God's grace and forgiveness can ultimately heal mind, body, and spirit.

**E-Textbook** Links to the ebook are posted in the course. The book is free through a Creative Commons license.

- **Discussions** Students respond to a question and respond to others.
- Journals 1-4 paragraph responses only viewed by the instructor.
- Quizzes and Learning Inventories To check understanding of readings and concepts. Learning Inventories have students reflect on learning.
- Written Assignments 1-2-page written responses or article reviews.
- **Project** The project allows the student to explore a topic of interest related to Psychology. It requires academic research, a written college formatted paper, and a media presentation of the topic shared online with the class. Students are evaluated for content and creativity.

**Counts as...** This course fulfills 3 of the 5 credits of the "Human Beings and Being Human" requirement of the Concordia Liberal Arts Core Curriculum.

#### **Technology Requirements**

#### Hardware

- Students need a laptop or desktop with reliable broadband internet access.
- The Blackboard App should be used on tablets and mobile devices.
- (Some courses) Camera & microphone may be needed for video conferencing.
- Speakers or headphones.

#### Browser

- Concordia uses Blackboard Learn which runs best in Firefox or Chrome.
  - Disable pop-up blockers and ENABLE cookes.
- Check your browser compliance at: <u>bit.ly/cuwaacheck</u>
- Errors are OK if they are for compliance of Java, Shockwave, and Flash. Software
- A word processor is required. Office, Pages, Google docs will work.
- Some courses will require presentation or video software (PowerPoint or equivalnet).
- Students have FREE access to Microsoft Office 365 (download / instructions)

# **PSY 101 Tentative Course Schedule**

Week	Course readings and videos	Assignments
Week 1	<ul> <li>What is Psychology?</li> </ul>	Background Knowledge Probe
Intro to Psychology	History of Psychology	• Discussion – Pray and Chat Intros
	Careers in Psychology	Learning Inventory
Week 2	Why Is Research Important?	Journal Post
Psychological Research	Analyzing Research	Learning Inventory/Quiz
Week 3	Human Genetics	Discussion Post and Replies
Biopsychology	<ul> <li>Parts of the Nervous System</li> </ul>	Written Assignment
	<ul> <li>The Endocrine System</li> </ul>	Learning Inventory/Quiz
Week 4	<ul> <li>What Is Consciousness?</li> </ul>	Journal Post
States of	<ul> <li>Sleep Problems and Disorders</li> </ul>	<ul> <li>Learning Inventory/Quiz</li> </ul>
Consciousness	<ul> <li>Substance Use and Abuse</li> </ul>	<ul> <li>Written Assignment #1</li> </ul>
Week 5	<ul> <li>Sensation versus Perception</li> </ul>	<ul> <li>Discussion Post and Replies</li> </ul>
Sensation & Perception	<ul> <li>Vision and Hearing</li> </ul>	<ul> <li>Learning Inventory/Quiz</li> </ul>
	Gestalt Principles of Perception	Project Topic Due
Week 6	Classical Conditioning	Learning Inventory/Quiz
Learning	<ul> <li>Operant Conditioning</li> </ul>	Written Assignment #2
	<ul> <li>Observational Learning (Modeling)</li> </ul>	5
Week 7	What Is Cognition?	Discussion Post and Replies
Thinking & Intelligence	<ul> <li>Intelligence and Creativity?</li> </ul>	<ul> <li>Learning Inventory/Quiz</li> </ul>
5 5	<ul> <li>Measures of Intelligence</li> </ul>	
Week 8	How Memory Functions	Journal Post
Memory	<ul> <li>Problems with Memory</li> </ul>	Learning Inventory/Quiz
	<ul> <li>Ways to Enhance Memory</li> </ul>	Written Assignment #3
Week 9	Lifespan Theories	Discussion Post and Replies
Lifespan Development	<ul> <li>Stages of Development</li> </ul>	Learning Inventory/Quiz
	<ul> <li>Death and Dying</li> </ul>	
Week 10	Motivation and Emotion	Learning Inventory/Quiz
Emotion & Motivation	<ul> <li>Hunger and Eating</li> </ul>	Written Assignment #4
	Sexual Behavior	• Written Assignment #4
Week 11	Freud and the Psychodynamics	Journal Post
Personality	<ul> <li>Adler, Erikson, Jung, and Horney</li> </ul>	Learning Inventory/Quiz
reisonancy	<ul> <li>Personality Assessment</li> </ul>	
Week 12	Attitudes and Persuasion	Learning Inventory/Quiz
Social Psychology	<ul> <li>Conformity, Compliance, and Obedience</li> </ul>	Journal Post
Social Psychology	<ul> <li>Prejudice and Discrimination</li> </ul>	• Journal Post
Week 13	Stress and Illness	Learning Inventory/Quiz
Stress, Lifestyle &	<ul> <li>Regulation of Stress</li> </ul>	Project Media Presentation Due
Health	-	• Project Media Presentation Due
Week 14	The Pursuit of Happiness     Diagnosing Revebularical Disorders	Lournal Post
	Diagnosing Psychological Disorders     Obsequences	Journal Post
Psychological Disorders	Obsessive-Compulsive     Schizenbranie	Learning Inventory/Quiz     Drainst Deflection and Biblic graphy
	Schizophrenia	Project Reflection and Bibliography
Week 15	Types of Treatment	• Journal Post
Therapy & Treatment	Addictive Disorders	• Quiz
		<ul> <li>Course Reflection (2-page paper)</li> </ul>